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Manuscripts are to be submitted in triplicate as a complete set of all materials including the manuscript and all figures, tables and forms. Figures and tables should be submitted in both printed and data form. Authors are advised to retain copies of their submitted manuscripts and correspondence because they cannot be returned as a rule.

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For inquiries please refer to the contact information below.

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1. Every submission is reviewed by the Editorial Board.
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Types	Limitations		
	Total words	Printed pages :	
Original Article	Title ≤50 words	≤3000	≤6
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Provide briefly the purpose, reason and background of the investigation.

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Include a minimum of information concerning the specific methods used to prepare the data unless they have been disclosed already.

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Give a simple description.

### Discussion

Emphasize originality and state the importance of the investigation.

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Mizuno J, Nakagawa H, Inoue T, et al : Clinicopathological study of "snake-eye appearance" in compressive myelopathy of the cervical spinal cord. *J neurosurg (spine2)* **99** : 162-168, 2003

### Chapters in a Book

Nakagawa H, Mizuno J : Threaded interbody cage fixation for cervical spondylosis and ossification of the posterior longitudinal ligament. in Bensec EC (ed) : Spine Surgery : Techniques, Complication Avoidance and Management (2<sup>nd</sup> edition), Philadelphia, Elsevier Churchill Livingstone, 2005, pp363-369

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